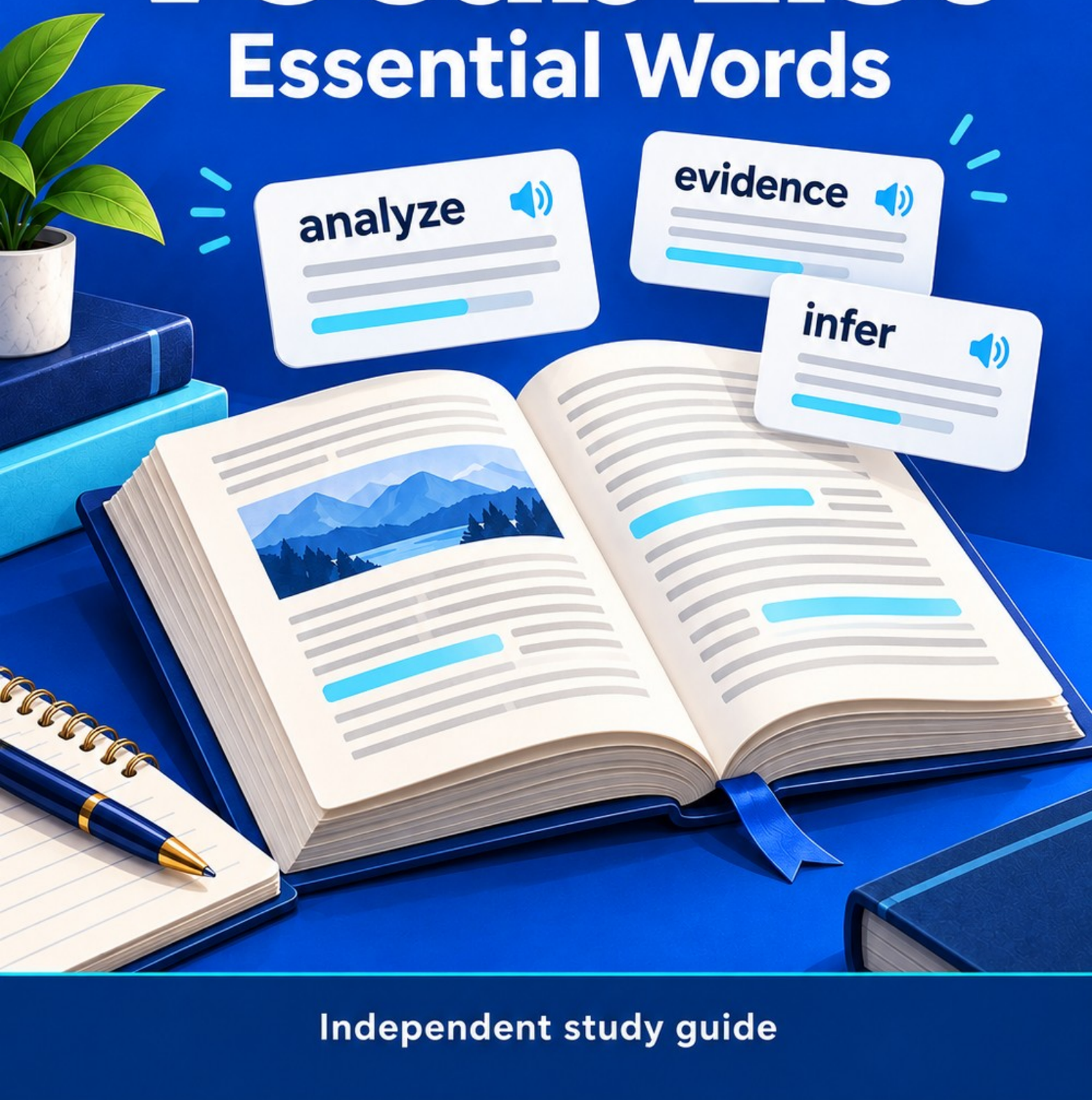
TypoGrammar

TOEFL

500 Vocab List

Essential Words



Independent study guide

Your essential-words study edition

500 distinct words | Alphabetical order | Meanings and examples

Build vocabulary you can use. Read the meaning, study the example, then make a sentence of your own. Learn words in context rather than memorizing isolated translations.

This new TypoGrammar edition reformats the vocabulary from our 500 Academic Word List and adds a practical study schedule and retrieval activities. Each entry presents selected meanings; it is not a complete dictionary.

Independent study resource. TOEFL is a trademark of ETS. This book is not endorsed by or affiliated with ETS. The selected words are study priorities, not an official exam list, a frequency ranking or a promise of a particular score.

How to read an entry: n = noun; v = verb; adj = adjective; adv = adverb. A slash indicates multiple uses. The example illustrates one use. British and American spelling variants may appear.

25-day plan: Study 20 new entries each day. Before adding words, recall yesterday's meanings without looking. Revisit difficult entries after 3 days and 7 days. Add review days whenever needed.

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Contents and daily routine

Find a theme, then practise recall and use

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Daily routine: Read 20 entries, cover the meanings, recall them aloud, write five original sentences, and mark words that need another review. After 25 study days, repeat the difficult entries.

After the word list: Turn to page 54 for retrieval practice and page 55 for suggested answers and a reusable review checklist.

Absolute - attain

Entries 1-10 / 500

001 absolute — adj

not qualified or diminished; total

Absolute truth is difficult to establish in philosophical inquiry.

002 absorb — v

to take in or soak up energy, liquid, or information

Plants absorb carbon dioxide during the process of photosynthesis.

003 abstract — adj/n

existing as an idea, not as a concrete thing; a summary of a text

The researcher wrote an abstract outlining the key findings of the study.

004 abundant — adj

present in large quantities

The coastal waters contain abundant marine life.

005 academia — n

the environment or community of higher education and research

She had spent her entire career in academia, publishing dozens of papers.

006 accountability — n

the fact of being responsible to others for one's actions

Transparency and accountability are fundamental to good governance.

007 acknowledge — v

to recognize or accept that something is true or exists

The professor acknowledged the student's contribution to the project.

008 acquire — v

to gain or obtain something, especially through effort

Students acquire critical thinking skills through debate and analysis.

009 acquit — v

to free someone from a criminal charge

The jury acquitted the defendant due to insufficient evidence.

010 acute — adj

(of a condition) severe and sudden in onset

The patient presented with acute respiratory distress upon admission.

Absolute - attain

Entries 11-20 / 500

011 adapt — v

to become adjusted to new conditions

Species that fail to adapt to changing climates face extinction.

012 adjacent — adj

next to or adjoining something else

The library is adjacent to the main lecture hall.

013 adjudicate — v

to make a formal judgment in a dispute

An independent tribunal was established to adjudicate the land dispute.

014 administer — v

to give or apply a drug or treatment

Nurses are trained to administer medication accurately and safely.

015 advocate — v/n

to publicly support; a person who supports a cause

The senator advocated for stricter environmental regulations.

016 aesthetic — adj/n

concerned with beauty; a set of artistic principles

The architect's aesthetic was characterized by clean lines and natural materials.

017 algorithm — n

a set of rules for solving a problem or completing a task

The recommendation algorithm personalizes content for each user.

018 allegation — n

a claim that someone has done something illegal

Allegations of bribery were referred to the anti-corruption commission.

019 allegory — n

a story or image representing an abstract idea

Orwell's Animal Farm is an allegory of the Russian Revolution.

020 alleviate — v

to make a problem less severe

Improved public transport can alleviate congestion.

Absolute - attain

Entries 21-30 / 500

021 allocate v

to distribute resources or duties for a purpose

The government decided to allocate more funds to infrastructure.

022 altruism n

selfless concern for others' well-being

Altruism challenges purely self-interested models of human motivation.

023 ambiguity n

uncertainty or inexactness of meaning

The poem's ambiguity allows for multiple valid interpretations.

024 ambiguous adj

open to more than one interpretation; unclear

The exam question was ambiguous, so students interpreted it differently.

025 amendment n

a change or addition to a legal or statutory document

The First Amendment protects freedom of speech in the United States.

026 analogy n

a comparison between two things for explanation

The author used the analogy of a river to describe the flow of time.

027 analyse v

to examine something methodically and in detail

The team met to analyse the data collected during the experiment.

028 analyze v

to examine in detail to understand or explain

Critics analyze texts to uncover hidden themes and structures.

029 annotate v

to add notes or comments to a text

Students were asked to annotate the reading before the seminar.

030 anomaly n

something that differs from the expected pattern

The team investigated an anomaly in the measurements.

Absolute - attain

Entries 31-40 / 500

031 antibiotic — n

a medicine that inhibits the growth of or destroys bacteria

Overuse of antibiotics has led to the emergence of resistant bacteria.

032 anticipate — v

to regard as probable and prepare for something in advance

Researchers anticipate that the results will confirm their hypothesis.

033 apparent — adj

clearly visible or understood; seeming real

There was an apparent contradiction between the two studies.

034 appeal — n/v

an application to a higher court; to apply to a higher court

The defense filed an appeal against the severity of the sentence.

035 appreciate — v

to recognize the value of; to increase in value

The property has appreciated significantly over the past decade.

036 approach — n/v

a way of dealing with a situation; to come near to

The interdisciplinary approach proved more effective than expected.

037 appropriate — adj

suitable or proper for a particular situation

It is appropriate to cite sources in all academic writing.

038 approximate — adj/v

close to the actual but not completely accurate

The approximate number of participants was three hundred.

039 arbitrary — adj

based on random choice rather than reason

The selection process seemed arbitrary and lacked clear criteria.

040 arbitration — n

use of a third party to settle a dispute out of court

Both parties agreed to resolve the contract dispute through arbitration.

Absolute - attain

Entries 41-50 / 500

041 archive — n

a collection of historical documents; a repository

The museum archive contains manuscripts dating back to the 12th century.

042 artifact — n

an object made or shaped by humans; a product of history

The artifact was identified as a ceremonial object from ancient Egypt.

043 artificial — adj

made or produced by human beings rather than nature

Artificial intelligence is transforming industries from healthcare to finance.

044 aspect — n

a particular part or feature of something

One important aspect of the study was its sample size.

045 assess — v

to evaluate or estimate the nature or quality of something

Teachers assess students through both exams and coursework.

046 asset — n

something valuable owned by a person or company

Real estate is often considered a stable long-term asset.

047 assimilate — v

to take in and fully understand information; to integrate socially

Immigrants often assimilate local customs while retaining their own heritage.

048 assume — v

to suppose something to be true without proof

The model assumes that all variables remain constant.

049 atmosphere — n

the layer of gases surrounding the Earth; a general feeling

Rising temperatures are altering the composition of the atmosphere.

050 attain — v

to reach a goal or level

Students need regular practice to attain fluency.

Attitude - compassion

Entries 51-60 / 500

051 attitude n

a settled way of thinking or feeling

Public attitudes toward immigration have shifted in recent years.

052 attribute v/n

to regard as resulting from a cause; a quality or feature

The improvement was attributed to the new teaching methodology.

053 austerity n

difficult economic conditions resulting from reduced spending

The government imposed austerity measures to reduce the national debt.

054 authority n

the power to enforce laws or give commands

Local authorities were slow to respond to the flooding emergency.

055 automate v

to convert a process so it can operate automatically

Factories have automated many tasks previously performed by workers.

056 autonomy n

the right of individuals to make their own choices

Respect for patient autonomy is a cornerstone of medical ethics.

057 axiom n

a statement accepted as true without proof

It is an axiom of democratic theory that power must be accountable.

058 bandwidth n

data transmission capacity; range of frequencies used in communication

Streaming high-definition video requires significant bandwidth.

059 behavior n

the way one acts or conducts oneself

Social norms strongly influence individual behavior in public spaces.

060 belief n

an acceptance that something is true

Religious belief plays a central role in many societies around the world.

Attitude - compassion

Entries 61-70 / 500

061 beneficial adj

producing a helpful effect

Regular feedback is beneficial to learners.

062 bias n

an inclination toward one side; prejudice

The study's conclusions may be affected by confirmation bias.

063 bicameral adj

having two legislative chambers

Most federal democracies operate under a bicameral legislative system.

064 biodiversity n

the variety of life in a particular habitat or ecosystem

Deforestation is one of the leading threats to global biodiversity.

065 blockchain n

a digital ledger of transactions duplicated across a network

Blockchain technology enables secure, decentralized financial transactions.

066 breach n/v

a violation of a law; to break a law or contract

The company was sued for breach of contract after failing to deliver.

067 burden n

a duty or responsibility; something difficult to bear

The burden of proof in criminal cases lies with the prosecution.

068 bureaucracy n

a system of government with many complex rules and processes

Critics argue that excessive bureaucracy slows down policy implementation.

069 campaign n/v

an organized course of action; to work toward a goal

The party launched an aggressive campaign ahead of the general election.

070 candidate n

a person seeking an elected office or position

Three candidates competed in the final round of the presidential race.

Attitude - compassion

Entries 71-80 / 500

071 canon — n

a general rule or standard; a body of accepted works

The literary canon has been broadened to include previously excluded voices.

072 capability — n

the power or ability to do something

New processors have enhanced the capability of portable devices dramatically.

073 capital — n

wealth in the form of money or other assets; a city

Venture capital firms invest in early-stage technology companies.

074 carbon — n

a chemical element fundamental to life and fossil fuels

Reducing carbon emissions is central to addressing climate change.

075 catalyst — n

a substance speeding up a reaction; a person or event causing change

The discovery acted as a catalyst for a decade of research.

076 category — n

a class or group sharing common characteristics

Responses were grouped into four main categories.

077 cease — v

to stop happening or doing something

The vibrations cease when the machine is switched off.

078 censorship — n

the suppression of speech or publication deemed harmful

Journalists protested the government's censorship of online media.

079 chronic — adj

(of a condition) persisting for a long time

Chronic pain affects millions of people and reduces quality of life.

080 chronology — n

the arrangement of events in order of time

The film uses a non-linear chronology to build suspense and mystery.

Attitude - compassion

Entries 81-90 / 500

081 circuit n

a closed loop through which electric current flows

A faulty circuit caused the entire system to shut down unexpectedly.

082 circulation n

movement through a system; distribution

Poor ocean circulation can disrupt global weather patterns.

083 cite v

to quote or refer to a source of information

Always cite your sources using the required referencing style.

084 citizen n

a legally recognized member of a state

Every citizen has both rights and responsibilities under the constitution.

085 civil adj

relating to private rights and legal proceedings

The victim pursued civil action against the company for damages.

086 clarify v

to make something less confused and more comprehensible

The lecturer paused to clarify the complex statistical concept.

087 classical adj

relating to ancient Greek or Roman culture; traditionally established

Classical architecture influenced building design well into the 19th century.

088 classify v

to arrange in categories according to shared qualities

Scientists classify organisms using a hierarchical taxonomy system.

089 clause n

a specific provision in a treaty, law, or contract

The non-disclosure clause prevented either party from discussing terms.

090 clinical adj

relating to the observation and treatment of patients

Clinical trials test the safety and efficacy of new treatments.

Attitude - compassion

Entries 91-100 / 500

091 cloud n

internet-based computing and storage services

Businesses are migrating their data storage to cloud-based platforms.

092 coalition n

a temporary alliance of parties for joint action

Three parties formed a coalition government after the inconclusive election.

093 code n

a set of laws or ethical principles

The code of conduct was updated to reflect changes in workplace law.

094 coherent adj

logically consistent; forming a unified whole

A coherent ethical framework must account for edge cases and exceptions.

095 coincide v

to happen at the same time

The migration may coincide with seasonal rainfall.

096 collaborate v

to work jointly on an activity or project

The two universities collaborated to produce a joint research paper.

097 collective adj/n

done by people as a group; a cooperative enterprise

Environmental challenges require collective action from all nations.

098 commodity n

a raw material or product that can be traded

Oil remains the world's most traded commodity by volume.

099 community n

a group of people living in the same place or sharing common interests

The local community organized a petition against the development plan.

100 compassion n

sympathetic concern for others' suffering

Compassion is considered a universal virtue across most ethical traditions.

Compatible - debate

Entries 101-110 / 500

101 compatible adj

able to exist or work together without conflict

The new software is compatible with all major operating systems.

102 compensate v

to make up for a loss or disadvantage

Extra funding may compensate for the reduced budget.

103 compensation n

payment given to make up for loss or injury

The court awarded compensation to the victim for psychological harm.

104 compete v

to strive to gain something over others

Firms compete for market share by lowering prices or improving quality.

105 compile v

to produce something by assembling information

He compiled a comprehensive bibliography for his dissertation.

106 complex adj

consisting of many different and connected parts

The relationship between variables is far more complex than assumed.

107 comply v

to act in accordance with a law or rule

Organizations must comply with data protection regulations at all times.

108 composition n

a piece of music or writing; the way it is put together

The composition blended baroque structure with modern harmonic language.

109 comprehensive adj

covering the important parts of a subject

The report provides a comprehensive account of the survey.

110 compress v

to squeeze or press into a smaller space; to reduce file size

The file was compressed before being shared over the network.

Compatible - debate

Entries 111-120 / 500

111 concentrate v

to focus attention; to increase the strength of a substance

The solution was concentrated by removing excess water.

112 concept n

an abstract idea or general notion

The concept of sustainability is central to modern urban planning.

113 conclude v

to arrive at a judgment or decision by reasoning

The researchers concluded that further study was necessary.

114 conduct v

to organize and carry out an activity

The survey was conducted over a three-month period.

115 confirm v

to establish the truth or correctness of something

The follow-up experiment confirmed the original findings.

116 conform v

to comply with rules or standards; to fit in

Social pressure can cause individuals to conform to group expectations.

117 connectivity n

the quality of being connected or able to connect

Improving rural internet connectivity is a national infrastructure priority.

118 consciousness n

the state of being aware and able to think

The nature of consciousness remains one of philosophy's deepest puzzles.

119 consecutive adj

following one after another without interruption

The experiment ran for five consecutive days.

120 consequence n

a result or effect of an action

The long-term consequences of urbanization include traffic congestion.

Compatible - debate

Entries 121-130 / 500

121 consequentialism n

the doctrine that outcomes determine the morality of actions

Consequentialism judges actions solely based on their results.

122 constitution n

a set of fundamental principles governing a state

The constitution guarantees basic rights to all citizens.

123 constrain v

to limit what something can do

Limited funding can constrain research.

124 construct v/n

to build; something formed by the mind

Gender is often analyzed as a social construct rather than a fixed category.

125 consume v

to eat, drink, or use up a resource

Developed nations consume far more energy per capita than others.

126 consumer n

a person who purchases goods or services

Consumer confidence fell sharply following the economic downturn.

127 contagious adj

(of a disease) spread by direct or indirect contact

Measles is highly contagious and spreads through airborne droplets.

128 contemplate v

to think deeply about something

Philosophers contemplate the nature of consciousness and free will.

129 contemporary adj

living or occurring at the same time; modern

Contemporary art often challenges conventional notions of beauty.

130 context n

the circumstances surrounding a text or work

Reading a poem in its historical context deepens our understanding.

Compatible - debate

Entries 131-140 / 500

131 contract n

a legal agreement between parties

Both parties signed the contract before commencing work on the project.

132 contradict v

to deny the truth of a statement; to be inconsistent

The second study appeared to contradict the first set of results.

133 contribute v

to give something (time, money, ideas) to a common purpose

Each researcher contributed equally to the final publication.

134 controversial adj

giving rise to strong disagreement

The theory remained controversial among experts for decades.

135 convention n

an accepted way of behaving in a society

Artistic conventions in portrait painting changed dramatically in the 20th century.

136 converge v

to move toward the same point or result

The paths converge near the river.

137 conviction n

a formal declaration that someone is guilty of an offense

The conviction was upheld by the Court of Appeal.

138 correlate v

to have a mutual relationship; to show a connection

Higher income levels correlate positively with access to education.

139 corruption n

dishonest conduct by those in power

Widespread corruption undermines public trust in state institutions.

140 counsel n/v

legal advice; a lawyer; to advise

The defendant was advised to seek independent legal counsel.

Compatible - debate

Entries 141-150 / 500

141 credible adj

able to be believed or trusted

A credible explanation must fit the evidence.

142 credit n

trust in someone's ability to pay; a positive entry in accounts

Access to credit allows small businesses to grow more rapidly.

143 critique n/v

a detailed analysis; to evaluate analytically

The art critique praised the sculptor's use of negative space.

144 cultural adj

relating to the culture of a society

Cultural exchange between nations enriches artistic traditions.

145 currency n

the system of money in use in a country

A weak currency makes exports cheaper and imports more expensive.

146 custom n

a traditional practice of a community

It is a local custom to greet guests with a formal ceremony.

147 cybersecurity n

protection of computer systems from digital attacks

Cybersecurity threats have become one of the greatest risks to businesses.

148 cycle n/v

a series of events that repeat; to move in cycles

The water cycle involves evaporation, condensation, and precipitation.

149 data n

facts or statistics used for analysis; information processed by a computer

User data must be stored securely and used responsibly.

150 debate n/v

a formal discussion on a topic; to argue about something

Parliament held a formal debate on the proposed immigration bill.

Debt - elaborate

Entries 151-160 / 500

151 debt n

something, typically money, owed by one party to another

Household debt in the country reached record levels last year.

152 decay v/n

to rot or decompose; the process of rotting

Organic matter decay returns essential nutrients to the soil.

153 declare v

to announce officially or formally

The president declared a state of emergency following the natural disaster.

154 deduce v

to arrive at a conclusion by reasoning from evidence

From the data, we can deduce that demand has decreased.

155 defendant n

a person accused in a criminal or civil case

The defendant pleaded not guilty to all charges.

156 deficiency n

a lack of something essential; a shortage

Iron deficiency is one of the most common nutritional disorders worldwide.

157 deficit n

the amount by which expenditure exceeds income

The government ran a fiscal deficit for the third consecutive year.

158 define v

to state the exact meaning of a word or concept

It is essential to define key terms at the start of the essay.

159 delegate v/n

to entrust a task to another person; a representative

Decision-making was delegated to local councils under the new framework.

160 demand n/v

an urgent or pressing requirement; to ask for firmly

Consumer demand for electric vehicles has grown rapidly.

Debt - elaborate

Entries 161-170 / 500

161 democracy n

a system of government by the whole population

Democracy requires an informed and engaged citizenry.

162 demographic adj/n

relating to population; population statistics

The demographic shift toward an older population poses social challenges.

163 demonstrate v

to clearly show the existence or truth of something

The experiment demonstrated a clear causal relationship.

164 deontology n

an ethical theory based on rules and duties

Deontology holds that some actions are inherently right or wrong.

165 depict v

to show or represent in art or writing

The painting depicts a peasant scene in 18th-century France.

166 deplete v

to reduce the amount of something available

Overfishing has severely depleted fish stocks in the North Atlantic.

167 deploy v

to bring into effective action; to release software for use

The new version of the application was deployed globally last week.

168 depreciate v

to diminish in value over time

The car depreciated by 30% in the first two years of ownership.

169 derive v

to obtain something from a specified source

Several key conclusions were derived from the longitudinal study.

170 design n/v

a plan or drawing; to plan and make something

The research design was reviewed by an ethics committee.

Debt - elaborate

Entries 171-180 / 500

171 detect v

to discover or identify the presence of something

Scientists used satellite imagery to detect changes in land use.

172 determine v

to ascertain or establish exactly by research

The aim was to determine the primary factors causing dropout rates.

173 determinism n

the doctrine that all events are caused by prior causes

Hard determinism denies the possibility of genuine free will.

174 deterrent n

something discouraging illegal action

Severe penalties serve as a deterrent to potential offenders.

175 diagnosis n

the identification of the nature of an illness

Early diagnosis significantly improves the chances of successful treatment.

176 dialectic n

the art of investigating truth through logical discussion

Hegel's dialectic describes historical progress through contradiction.

177 digital adj

relating to or using computer technology

The shift to a digital economy has disrupted traditional industries.

178 dignity n

the quality of being worthy of honor or respect

Human dignity is the foundational principle of modern human rights law.

179 dilemma n

a situation requiring a choice between two difficult options

The trolley problem is a classic ethical dilemma in moral philosophy.

180 diminish v

to become or make smaller

The effect begins to diminish after several hours.

Debt - elaborate

Entries 181-190 / 500

181 diplomacy n

the management of international relations

Skilled diplomacy helped prevent the conflict from escalating further.

182 discourse n

communication of thought by words; a formal discussion

Philosophical discourse requires clarity, precision, and openness to critique.

183 discriminate v

to make unjust distinctions between people

Laws were introduced to prevent employers from discriminating on the basis of race.

184 disorder n

a disruption to normal physical or mental function

Anxiety disorders affect approximately one in five adults globally.

185 displace v

to force something out of its usual position

Rising water can displace coastal communities.

186 disrupt v

to interrupt or cause disorder; to radically change an industry

Ride-sharing apps have disrupted the traditional taxi industry.

187 dissolve v

to officially close a parliament or organization

The president dissolved parliament and called early elections.

188 distinct adj

recognizably different in nature from something else

The two groups showed distinct patterns of behavior.

189 distribute v

to give or deliver shares of something to recipients

Profits were distributed equally among shareholders.

190 diverse adj

showing great variety; including many different types

The city's population is one of the most culturally diverse in the world.

Debt - elaborate

Entries 191-200 / 500

191 document v/n

to record in written or other form; an official paper

Every step of the process was carefully documented for review.

192 domain n

an area of territory or knowledge

Artificial intelligence is expanding rapidly into every domain.

193 dominant adj

most influential or widely accepted in a culture

English has become the dominant language of international business.

194 dosage n

the size of a dose of a medicine or drug

Always follow the recommended dosage on the medication label.

195 dualism n

the theory that mind and matter are fundamentally distinct

Descartes' dualism separates the thinking mind from the physical body.

196 due process n

fair treatment through the judicial system

Due process ensures that every individual receives a fair trial.

197 economy n

the system by which a country manages its trade and finances

The global economy contracted sharply during the pandemic.

198 ecosystem n

a biological community of organisms and their environment

Wetlands are among the most productive ecosystems on Earth.

199 efficiency n

achieving maximum output with minimum wasted input

Increasing production efficiency reduced costs by 20 percent.

200 elaborate v

to explain something in greater detail

The speaker will elaborate on the proposal after the break.

Elect - habitat

Entries 201-210 / 500

201 elect — v

to choose by voting

Citizens elect their representatives every four years in national elections.

202 element — n

a basic component; a chemical substance

Oxygen is the element most critical for sustaining animal life.

203 emit — v

to produce and discharge (heat, light, gas)

Factories emit large amounts of sulfur dioxide into the atmosphere.

204 empirical — adj

based on observation or experiment

The claim needs empirical support.

205 empiricism — n

the theory that knowledge derives from sense experience

Locke and Hume were foundational figures in British empiricism.

206 encrypt — v

to convert data into a code to prevent unauthorized access

All user passwords are encrypted before being stored in the database.

207 enforce — v

to ensure compliance with laws or rules

It is the role of the state to enforce laws impartially.

208 enhance — v

to intensify or improve the quality of something

Compost enhances the nutrient content of agricultural soil.

209 environment — n

the surroundings in which an organism lives

Pollution poses a serious threat to the marine environment.

210 epic — adj/n

heroic or grand in scale; a long narrative poem or film

Homer's Iliad is one of the great epic poems of Western literature.

Elect - habitat

Entries 211-220 / 500

211 epidemic n

a widespread occurrence of a disease in a region

The flu epidemic strained hospital resources across the country.

212 epistemology n

the branch of philosophy concerned with knowledge

Epistemology asks how we know what we know and what justifies belief.

213 equality n

the state of being equal in status, rights, or opportunities

Gender equality remains a central goal of modern social policy.

214 equity n

fairness; the value of shares in a company

The fund focuses on equity investments in emerging markets.

215 erode v

to gradually wear away by wind, water, or other forces

Coastal cliffs are eroding at an accelerated rate due to storms.

216 estimate v/n

to roughly calculate a value; an approximate calculation

Analysts estimate that global GDP will grow by 3% this year.

217 ethics n

moral principles governing behavior; a branch of philosophy

Applied ethics examines moral issues in real-world fields like medicine.

218 ethnicity n

the fact of belonging to a social group with a shared culture

Participants were asked to report their ethnicity in the survey.

219 evidence n

information used to establish facts in a legal case

The prosecution presented compelling forensic evidence to the court.

220 evolve v

to develop gradually over time

The theory of evolution explains how species evolve over generations.

Elect - habitat

Entries 221-230 / 500

221 exclude v

to deny access or membership to someone

Marginalized communities are often excluded from political decision-making.

222 existentialism n

a philosophy emphasizing individual freedom and responsibility

Existentialism holds that existence precedes essence in human life.

223 expenditure n

the amount of money spent

Government expenditure on healthcare rose by 12 percent.

224 export n/v

a good sent abroad; to send goods abroad

The country's primary exports are oil, coffee, and textiles.

225 expose v

to make something visible or subject to an external force

Plants were exposed to different light wavelengths during the trial.

226 exposure n

the state of being subject to contact with something

Prolonged exposure to asbestos is linked to lung disease.

227 extract v

to remove or take out, especially by effort or force

Oil is extracted from underground reserves using drilling equipment.

228 extradite v

to hand over a person to another country for trial

The fugitive was extradited following a bilateral treaty agreement.

229 fallacy n

a mistaken belief; an error in reasoning

The ad hominem fallacy attacks a person rather than their argument.

230 fatigue n

extreme tiredness resulting from physical or mental exertion

Persistent fatigue can be a symptom of several underlying conditions.

Elect - habitat

Entries 231-240 / 500

231 feasible adj

possible to carry out successfully

The team tested whether the design was feasible.

232 federal adj

relating to a system of government with central and regional powers

Under the federal system, states retain significant legislative powers.

233 fertile adj

capable of producing abundant vegetation or offspring

The Nile Delta is one of the most fertile regions on the planet.

234 finite adj

having a limit or an end

The island has a finite supply of fresh water.

235 fiscal adj

relating to government revenue, especially taxes

The new administration announced a series of fiscal reforms.

236 fluctuate v

to change irregularly; to vary

Commodity prices tend to fluctuate with supply and demand.

237 forecast n/v

a prediction; to predict future events or trends

The economic forecast for next quarter is cautiously optimistic.

238 foreign adj

relating to or from another country

Foreign policy decisions are guided by national security interests.

239 fossil n

the preserved remains of an organism from a past era

Fossils provide key evidence for the theory of natural selection.

240 fraud n

wrongful or criminal deception for financial gain

The accountant was convicted of fraud after falsifying company records.

Elect - habitat

Entries 241-250 / 500

241 free will n

the ability to act independently of prior causes

The debate over free will and determinism remains unresolved in philosophy.

242 GDP n

Gross Domestic Product — total value of a country's output

The country's GDP grew by 4.5% in the second quarter.

243 generate v

to produce or create

Solar panels generate electricity from sunlight.

244 generation n

all people born and living at about the same time

Each generation faces its own unique social and economic challenges.

245 genre n

a category of artistic, musical, or literary work

The detective genre has produced some of literature's most beloved characters.

246 global adj

relating to the whole world

Social media has created global networks of communication and influence.

247 globalization n

the process of international integration in trade and culture

Globalization has created new markets but also widened inequality.

248 govern v

to conduct the policy, actions, and affairs of a state

Elected officials are responsible for governing in the public interest.

249 guilty adj

having committed the offense with which one is charged

The jury deliberated for six hours before returning a guilty verdict.

250 habitat n

the natural home of an organism

Deforestation destroys the habitat of thousands of species.

Heritage - labour

Entries 251-260 / 500

251 heritage n

valued objects, practices, or traditions passed down from history

The country's cultural heritage is celebrated through annual festivals.

252 hierarchy n

a system in which members are ranked by status

The social hierarchy of the village was largely determined by land ownership.

253 humanism n

an outlook concerned with human welfare and potential

Renaissance humanism shifted focus from theology to human achievement.

254 hypothesis n

a proposed explanation made as a starting point for investigation

The hypothesis was tested using a controlled laboratory experiment.

255 identity n

who one is; personal or group sameness over time

Personal identity raises questions about what makes us the same person over time.

256 ideology n

a system of ideas forming the basis of a theory or policy

Political ideologies provide frameworks for understanding society and governance.

257 illuminate v

to light up; to help clarify or explain

The documentary illuminates the struggles of artists during censorship.

258 imagery n

figurative language; visual symbolism in art or literature

The author's vivid imagery transported readers to a different era.

259 immigrant n

a person who comes to live permanently in a foreign country

First-generation immigrants often face significant language barriers.

260 immune adj

resistant to a particular infection or toxin

A healthy immune system can fight off most common infections.

Heritage - labour

Entries 261-270 / 500

261 immunity n

protection from legal prosecution

The witness was granted immunity in exchange for their testimony.

262 impact n/v

a strong effect; to have a strong effect on

Climate change is having a major impact on agricultural yields.

263 impartial adj

treating all parties equally; unbiased

Justice requires impartial application of the law to all citizens.

264 impeach v

to charge a public official with misconduct

The legislature voted to impeach the governor following the scandal.

265 implement v

to put a decision or plan into effect

The new education policy will be implemented at the start of the academic year.

266 imply v

to suggest something without stating it directly

The results imply that temperature affects growth.

267 import n/v

a good brought in from abroad; to bring goods in

Rising import costs have squeezed profit margins for retailers.

268 improvise v

to perform without preparation; to create spontaneously

Jazz musicians frequently improvise around a core harmonic structure.

269 incentive n

something that motivates action

Tax breaks serve as an incentive for companies to invest locally.

270 inclusion n

the action of including someone within a group

Policies promoting inclusion have improved outcomes for disabled students.

Heritage - labour

Entries 271-280 / 500

271 income n

money received, especially on a regular basis

Median household income increased by 3% last year.

272 incumbent n/adj

the current holder of an office; currently holding office

The incumbent president seeks re-election for a second term.

273 indictment n

a formal charge or accusation of a serious crime

The grand jury issued an indictment on three counts of fraud.

274 indigenous adj

originating or occurring naturally in a particular place

The indigenous plants of this region have adapted to drought conditions.

275 inequality n

difference in social status, wealth, or opportunity

Income inequality has widened in many developed countries since the 1980s.

276 infection n

the invasion of the body by harmful microorganisms

Bacterial infections require antibiotic treatment, while viral ones do not.

277 inference n

a conclusion reached through evidence and reasoning

From the premises, we can draw the inference that the theory holds.

278 inflammation n

a protective response of body tissue to injury or infection

Chronic inflammation has been linked to heart disease and diabetes.

279 inflate v

to increase the price or value of something; to swell

When governments print money excessively, they risk inflating prices.

280 influence n/v

the effect of one thing on another; to affect or shape

Picasso's influence on modern art cannot be overstated.

Heritage - labour

Entries 281-290 / 500

281 infrastructure n

the basic physical systems of an organization or country

Investment in infrastructure is critical to long-term economic growth.

282 infringe v

to breach or violate a law or another's rights

The company was found to have infringed the intellectual property rights.

283 inherent adj

existing in something as a permanent essential attribute

Human beings have inherent rights that cannot be taken away by the state.

284 inhibit v

to slow down or prevent an activity

Low temperatures can inhibit bacterial growth.

285 innocent adj

not guilty of a crime; pure

The accused maintained their innocence throughout the entire trial.

286 integrate v

to combine elements into a whole; to add features to a system

The new payment system was integrated into the existing platform.

287 integrity n

the quality of being honest and having strong moral principles

Academic integrity requires that all work be original and properly cited.

288 interact v

to act in a way that has an effect on another

The two chemicals interact to produce a stable compound.

289 interface n

a point where two systems meet and interact

The user interface was redesigned to improve ease of navigation.

290 interpret v

to explain the meaning of; to understand in a particular way

Different cultures interpret the same symbol in contrasting ways.

Heritage - labour

Entries 291-300 / 500

291 intervention n

action taken to improve a medical condition

Early intervention is key to treating developmental disorders in children.

292 intrinsic adj

belonging to the essential nature of something

The material has intrinsic resistance to heat.

293 invest v

to put money into something expecting a return

Many investors chose to invest in renewable energy stocks.

294 irony n

the expression of meaning opposite to what is stated

The irony of the character's success made the novel deeply thought-provoking.

295 iterate v

to perform repeatedly; to improve through repeated cycles

Developers iterate on designs based on user feedback and testing.

296 judiciary n

the judicial authorities of a country; judges collectively

An independent judiciary is essential for upholding the rule of law.

297 jurisdiction n

the official power over a territory; the territory itself

The case was transferred to a court with proper jurisdiction.

298 jury n

a group of people who give a verdict in a court case

The jury was sequestered for three days during deliberations.

299 justice n

just behavior; the quality of being fair

Theories of justice address how rights and resources should be distributed.

300 labour n

work; the workers of a country collectively

The construction industry relies heavily on skilled labour.

Landscape - paradox

Entries 301-310 / 500

301 landscape — n

the visible features of a land area; a genre of painting

Turner's landscapes captured the sublime power of the natural world.

302 latency — n

the delay between a cause and its effect in a system

Low latency is critical for real-time online gaming performance.

303 legislation — n

laws enacted by a governing body

New legislation was passed to regulate the use of social media platforms.

304 legitimate — adj

conforming to the law or rules; justifiable

The opposition questioned whether the election results were legitimate.

305 liability — n

the state of being legally responsible for something

The firm accepted liability and agreed to pay damages.

306 liberty — n

the state of being free; freedom from restraint

John Stuart Mill argued that liberty should be limited only to prevent harm.

307 litigation — n

the process of taking legal action in court

The company preferred litigation over mediation to resolve the dispute.

308 lobby — v/n

to seek to influence politicians; a group seeking to influence

Pharmaceutical companies have been known to lobby for favorable regulations.

309 logic — n

a system of reasoning; the study of valid argument

Formal logic provides tools for evaluating the validity of arguments.

310 lyric — adj/n

expressing personal emotion; a short poem or song words

The lyric verse captured the poet's grief with extraordinary economy.

Landscape - paradox

Entries 311-320 / 500

311 machine learning — n

a type of AI that enables systems to learn from data

Machine learning is used to detect fraud in financial transactions.

312 malnutrition — n

deficient nutrition due to inadequate or unbalanced diet

Malnutrition remains a leading cause of child mortality in some regions.

313 mandate — n/v

an official authorization; to authorize officially

The party claimed a mandate from voters to pursue tax reform.

314 margin — n

the difference between cost and selling price; a border

Operating margins improved as a result of greater cost efficiency.

315 marginalize — v

to treat as insignificant or peripheral

Certain populations have historically been marginalized in policy discussions.

316 mediation — n

intervention using a third party to settle a dispute

Both sides agreed to enter mediation to avoid costly legal proceedings.

317 medium — n

an artistic material or form; a way of communication

Oil paint became the dominant medium of Western art in the 15th century.

318 mental — adj

relating to the mind

Mental health awareness has grown significantly in recent years.

319 metabolism — n

the chemical processes occurring within a living organism

A slower metabolism makes weight management more challenging.

320 metaphor — n

a word or phrase applied to something it does not literally denote

The metaphor of light and darkness runs throughout the novel.

Landscape - paradox

Entries 321-330 / 500

321 metaphysics — n

the branch of philosophy dealing with fundamental nature and reality

Metaphysics addresses questions about existence, reality, and causation.

322 migrate — v

to move from one region to another

Many bird species migrate south during the winter months.

323 migration — n

movement from one region or country to another

Rural-to-urban migration has transformed many developing economies.

324 minority — n

the smaller number or part; a group differing from the majority

Minority communities often have less access to healthcare and education.

325 mitigate — v

to reduce the harmful effects of something

Trees can mitigate the effects of urban heat.

326 mobility — n

the ability to move between places, jobs, or social levels

Social mobility has declined in many countries over the past two decades.

327 molecule — n

a group of atoms bonded together

Water consists of two hydrogen atoms bonded to one oxygen molecule.

328 monetary — adj

relating to money or currency

The central bank announced a new monetary policy framework.

329 monopoly — n

exclusive control of trade in a commodity or service

Antitrust laws prevent any single company from holding a monopoly.

330 morality — n

principles concerning right and wrong behavior

Cultural relativism questions whether morality is universal or culture-specific.

Landscape - paradox

Entries 331-340 / 500

331 mortality n

the state of being subject to death; death rate

Infant mortality rates have declined dramatically over the past century.

332 motif n

a recurring element or theme in a work of art

The motif of exile appears throughout the collection of short stories.

333 narrative n/adj

a spoken or written account; relating to story

The narrative structure of the film subverts audience expectations skillfully.

334 negligence n

failure to take proper care resulting in damage or injury

The surgeon was found guilty of negligence during the operation.

335 negligible adj

too small to have much importance

The difference between the two samples was negligible.

336 negotiate v

to try to reach an agreement through discussion

The two nations began negotiations to resolve the border dispute.

337 network n/v

a system of connected things; to connect

A reliable network is essential for cloud-based applications to function.

338 nihilism n

the rejection of all moral and religious principles

Nihilism holds that life has no inherent meaning, purpose, or value.

339 nutrition n

the process of providing or obtaining food for health and growth

Good nutrition is essential for children's physical and cognitive development.

340 obesity n

the condition of being excessively overweight

Rising obesity rates are placing increasing strain on healthcare systems.

Landscape - paradox

Entries 341-350 / 500

341 objectivity n

the quality of being uninfluenced by personal opinion

Scientific objectivity requires that conclusions follow from the data alone.

342 offence n

a breach of law; something that causes moral outrage

Driving under the influence is a serious criminal offence.

343 ontology n

the branch of philosophy dealing with the nature of being

Ontology asks what kinds of things exist and what their properties are.

344 open-source adj

software with source code freely available and modifiable

Many developers contribute to open-source projects in their spare time.

345 opposition n

resistance to a proposal; a political party opposing the government

The opposition strongly criticized the government's budget cuts.

346 optimize v

to make as effective as possible

Engineers worked to optimize the search algorithm's processing speed.

347 organism n

an individual animal, plant, or life form

Single-celled organisms were among the earliest forms of life on Earth.

348 output n

the amount of something produced

Industrial output fell during the energy supply disruption.

349 pandemic n

an outbreak of a disease occurring worldwide

The COVID-19 pandemic disrupted healthcare systems across the globe.

350 paradox n

a statement true despite seeming contradictory

The liar's paradox illustrates a fundamental challenge in formal logic.

Parliament - reproduce

Entries 351-360 / 500

351 parliament — n

the supreme legislative body in a country

Parliament passed the climate bill with a large majority.

352 participate — v

to take part in an activity or event

Citizens are encouraged to participate in local government meetings.

353 patent — n/v

an exclusive right for an invention; to obtain such a right

The company filed a patent for its new battery technology.

354 pathogen — n

a bacterium, virus, or organism causing disease

Pathogens can be transmitted through contaminated water and food.

355 patient — n

a person receiving medical treatment

Doctors must always act in the best interests of their patients.

356 perceive — v

to become aware of through the senses; to interpret

How individuals perceive risk varies widely across cultures.

357 perspective — n

a particular point of view; representation of 3D on a flat surface

Renaissance painters mastered the use of linear perspective.

358 pharmaceutical — adj/n

relating to drugs; a drug produced by a company

Pharmaceutical companies invest billions in research and development.

359 phenomenon — n

a fact or situation observed to exist

El Nino is a climate phenomenon that affects global weather patterns.

360 photosynthesis — n

the process by which plants use sunlight to produce food

Photosynthesis converts carbon dioxide and water into glucose and oxygen.

Parliament - reproduce

Entries 361-370 / 500

361 placebo n

an inert substance given to a control group in a trial

Patients in the placebo group showed no significant improvement.

362 plaintiff n

a person who brings a case against another in court

The plaintiff sought $2 million in damages from the manufacturer.

363 platform n

a base on which applications run; a business model built on networks

Social media platforms have become powerful tools for political communication.

364 plausible adj

reasonable enough to seem possible

The researcher offered a plausible explanation.

365 policy n

a course of action adopted by a government or institution

The new tax policy aims to reduce wealth inequality.

366 portrayal n

a depiction or representation of someone or something

The film's portrayal of war was praised for its unflinching honesty.

367 poverty n

the state of being extremely poor

Despite economic growth, poverty rates remain stubbornly high.

368 pragmatism n

a practical approach to ideas; a philosophical movement

American pragmatism evaluates beliefs by their practical consequences.

369 precede v

to come before something in time or order

A short introduction will precede the discussion.

370 precedent n

a previous case used as an example in later cases

The ruling set a precedent for future cases of a similar nature.

Parliament - reproduce

Entries 371-380 / 500

371 precipitation n

rain, snow, or other moisture falling from the atmosphere

Average annual precipitation in the region has declined since 1990.

372 prejudice n

preconceived opinion not based on reason or experience

Racial prejudice continues to affect hiring decisions in many industries.

373 preserve v

to maintain in its original or existing state

Efforts to preserve natural reserves have increased in recent decades.

374 prevent v

to keep something from happening

Vaccines prevent the spread of many life-threatening infectious diseases.

375 privilege n

a special right or advantage available to a particular group

Economic privilege often determines access to quality education.

376 profit n

a financial gain; the surplus of revenue over costs

The company reported record profits in its annual earnings statement.

377 prognosis n

the likely course of a disease or recovery

The patient's prognosis improved significantly following surgery.

378 prose n

written or spoken language in ordinary form

Her prose style was admired for its clarity, rhythm, and precision.

379 prosecution n

the legal proceedings against someone; those conducting them

The prosecution argued that the evidence was overwhelming.

380 prototype n

a first model used to test a concept

Engineers built a prototype to test the viability of the new design.

Parliament - reproduce

Entries 381-390 / 500

381 psychiatry n

the branch of medicine dealing with mental illness

Psychiatry combines biological, psychological, and social approaches to care.

382 quantum adj

relating to quantum mechanics; extremely small or discrete

Quantum computing promises to solve problems beyond current capabilities.

383 radiation n

energy emitted as waves or particles

Ultraviolet radiation from the sun can cause damage to skin cells.

384 ratify v

to give formal consent to make something officially valid

The treaty was ratified by all member states within six months.

385 rationalism n

the belief that reason is the primary source of knowledge

Descartes is considered the father of modern rationalism.

386 reason n/v

a cause or basis; to think or argue logically

Reason is the faculty that distinguishes humans from other animals.

387 recession n

a period of temporary economic decline

The 2008 recession was the worst financial crisis in decades.

388 redundancy n

duplication of components for reliability; excess capacity

System redundancy ensures continuity even when one component fails.

389 refine v

to improve something through small changes

The team will refine the model using new data.

390 reform n/v

change made to improve a system; to improve by change

Electoral reform is necessary to increase voter turnout and representation.

Parliament - reproduce

Entries 391-400 / 500

391 regulate v

to control or supervise by means of rules

The agency was established to regulate financial markets.

392 rehabilitation n

the process of recovering health or normal life after illness

The rehabilitation program helped patients regain their independence.

393 reinforce v

to strengthen or support; to make stronger

Stereotypes are often reinforced by media representations.

394 relativism n

the idea that truth and morality are not absolute

Moral relativism holds that ethical standards vary across cultures.

395 religion n

belief in a superhuman power, usually expressed in worship

Religion influences social values, law, and cultural practices worldwide.

396 remedy n/v

a solution to a dispute; to correct a problem

The court ordered a financial remedy to compensate the victim.

397 renaissance n

a revival of interest in something; the 14th–17th century cultural movement

The Harlem Renaissance gave African American culture a powerful new voice.

398 renewable adj

capable of being replenished naturally over time

Wind and solar are both forms of renewable energy.

399 representation n

the description or portrayal of something

The representation of women in film has evolved significantly in recent years.

400 reproduce v

to produce offspring; to make a copy

Under ideal conditions, bacteria can reproduce every twenty minutes.

Republic - testimony

Entries 401-410 / 500

401 republic n

a state governed by elected representatives and a president

The republic celebrated its 50th anniversary of independence.

402 resilience n

the ability to recover quickly from difficulties

Building resilience helps individuals manage stress and adversity.

403 resource n

a stock or supply that can be drawn on

Fresh water is one of the planet's most valuable natural resources.

404 retain v

to keep something

Wetlands retain water after heavy rain.

405 revenue n

income generated, especially by a business or government

Advertising revenue accounted for 60% of the company's income.

406 rhetoric n

the art of effective speaking or writing

Political speeches rely heavily on rhetoric to persuade audiences.

407 ritual n

a religious or solemn ceremony; a repeated practice

The coming-of-age ritual marks a young person's entry into adulthood.

408 robot n

a machine capable of carrying out tasks automatically

Industrial robots are increasingly used in automotive manufacturing.

409 robust adj

strong and effective under different conditions

The model remained robust when the sample changed.

410 sanction n/v

a penalty for disobeying a rule; to give official approval

Economic sanctions were imposed in response to human rights violations.

Republic - testimony

Entries 411-420 / 500

411 satire

n

the use of humor or exaggeration to criticize something

Swift's satire exposed the moral failures of 18th-century English society.

412 scalable

adj

able to be changed in size or scale; designed to grow

Startups need scalable infrastructure to handle rapid user growth.

413 scarce

adj

available only in small amounts

Fresh water is scarce in the desert.

414 screening

n

testing a group of people for a disease

Regular cancer screening can detect tumors at an early, treatable stage.

415 sculpt

v

to create a form by carving or modeling material

Rodin sculpted his figures with intense psychological realism.

416 sector

n

a distinct part of an economy or society

The technology sector has driven most of the stock market's gains.

417 segregate

v

to separate or isolate a group from a larger group

Historically, many public institutions were segregated by race.

418 semiconductor

n

a material with electrical conductivity between a conductor and insulator

The global semiconductor shortage disrupted automobile production worldwide.

419 sentence

n/v

a punishment given by a court; to pronounce a punishment

The judge sentenced the defendant to five years in prison.

420 server

n

a computer that provides data or services to other computers

The website's server crashed after a sudden surge in traffic.

Republic - testimony

Entries 421-430 / 500

421 setting n

the time and place where a story unfolds

The gloomy setting mirrors the protagonist's emotional state throughout.

422 side effect n

an unintended consequence of a drug or treatment

Common side effects of the medication include nausea and headaches.

423 simulate v

to imitate the conditions of something for testing or training

Pilots use simulators to train for emergency scenarios.

424 skepticism n

doubt about claims of knowledge or moral values

Ancient skepticism questioned whether certain knowledge was possible.

425 software n

programs and operating information used by a computer

Regular software updates help protect against newly discovered vulnerabilities.

426 solidarity n

unity among individuals with a common interest

Workers expressed solidarity with colleagues by joining the strike.

427 sovereignty n

supreme power, especially of a state over its territory

The nation fiercely defended its territorial sovereignty.

428 species n

a group of living organisms with common characteristics

Scientists estimate that over 8 million species exist on Earth.

429 startup n

a newly established business, often in technology

The startup raised $10 million in its first round of venture funding.

430 statute n

a written law passed by a legislative body

The statute clearly outlines the penalties for corporate misconduct.

Republic - testimony

Entries 431-440 / 500

431 stereotype n

a widely held but fixed and oversimplified image of a group

Media stereotypes can distort public perception of minority groups.

432 stigma n

a mark of disgrace associated with a circumstance or quality

The stigma surrounding mental illness prevents many from seeking help.

433 style n

a distinctive manner of expression in art or writing

Hemingway's minimalist style influenced an entire generation of writers.

434 subjective adj

based on personal feelings rather than external facts

Aesthetic judgments are largely subjective and vary by individual taste.

435 subsequent adj

happening after something else

Subsequent studies tested the same hypothesis.

436 subsidy n

money given by a government to help an industry

Agricultural subsidies help keep food prices affordable for consumers.

437 subtle adj

not immediately obvious

The two accounts differ in subtle ways.

438 supply n/v

a stock of a resource; to provide something

Supply chain disruptions caused widespread shortages of goods.

439 surgery n

medical treatment involving incisions in the body

The patient underwent surgery to remove the benign tumor.

440 surplus n

an amount left over when requirements have been met

The country ran a trade surplus for the first time in a decade.

Republic - testimony

Entries 441-450 / 500

441 sustainable adj

able to be maintained without depleting resources

Technology must support sustainable development to be truly beneficial.

442 symbolism n

the use of symbols to represent ideas or qualities

The color red carries powerful symbolism across many different cultures.

443 symptom n

an indication of disease perceived by the patient

Fever, fatigue, and cough are common symptoms of respiratory infection.

444 synchronize v

to cause to occur at the same time or rate

Cloud services synchronize data across all of a user's devices.

445 syndrome n

a group of symptoms consistently occurring together

The patient was diagnosed with a rare metabolic syndrome.

446 syntax n

the arrangement of words and phrases in a sentence

The author's unusual syntax creates a sense of disorientation in the reader.

447 tariff n

a tax or duty to be paid on imports or exports

The new tariffs increased the cost of imported steel significantly.

448 technology n

the application of scientific knowledge for practical purposes

Advances in medical technology have extended average life expectancy.

449 tentative adj

not yet certain or final

The team offered a tentative explanation.

450 testimony n

a formal statement given in court under oath

The witness's testimony proved crucial to the outcome of the trial.

Theme - yield

Entries 451-460 / 500

451 theme n

the subject of a work; a recurring idea or motif

The theme of redemption is central to the novel's emotional arc.

452 therapy n

treatment intended to relieve or heal a disorder

Cognitive behavioral therapy is effective in treating depression and anxiety.

453 tissue n

a substance forming the body of an organism

The biopsy revealed abnormal tissue growth that required further analysis.

454 tone n

the general character or attitude of a work

The poem's somber tone reflects the poet's profound sense of loss.

455 toxin n

a poison produced by a living organism

The toxin released by the bacteria caused rapid organ failure.

456 trade n/v

the activity of buying and selling; to buy and sell

International trade agreements shape global economic relationships.

457 tradition n

a long-established practice or body of work

Classical music has a rich tradition of innovation within formal constraints.

458 tragedy n

a dramatic work with a sorrowful ending; a terrible event

Shakespeare's tragedies explore ambition, jealousy, and the abuse of power.

459 transcend v

to go beyond the limits of normal human experience

Great art can transcend cultural and temporal boundaries.

460 transform v

to change in form, appearance, or character

Digital tools have transformed the way people communicate and work.

Theme - yield

Entries 461-470 / 500

461 transmit v

to send a signal or message from one place to another

The satellite transmits data back to Earth in real time.

462 transparent adj

allowing light to pass through; open and observable

The algorithm's decision-making process should be transparent to users.

463 transplant n/v

move an organ to another body; an operation to do this

The patient received a heart transplant after years on the waiting list.

464 trauma n

a deeply distressing experience; physical injury

Trauma-informed care approaches recognize the impact of adverse experiences.

465 treatment n

medical care given to a patient

The treatment plan combined medication with physical therapy.

466 treaty n

a formally concluded agreement between countries

The two governments signed a landmark peace treaty after years of conflict.

467 trial n

a formal examination of evidence in a court of law

The murder trial lasted three weeks and attracted national media coverage.

468 tribunal n

a body established to settle disputes

The employment tribunal ruled in favour of the claimant.

469 undergo v

to experience a process or change

The rocks undergo chemical changes underground.

470 uniform adj

the same throughout

The samples were kept at a uniform temperature.

Theme - yield

Entries 471-480 / 500

471 update — v/n

to make current; a new version of software or information

The latest update addressed several critical security vulnerabilities.

472 upgrade — v/n

to raise to a higher standard; a newer version

Users were advised to upgrade their operating systems immediately.

473 urbanization — n

the process of making an area more urban

Rapid urbanization has led to the expansion of informal settlements.

474 utilitarianism — n

the doctrine that actions are right if they benefit the majority

Bentham and Mill developed utilitarianism as an influential ethical theory.

475 vaccine — n

a substance that stimulates immunity to a disease

Global vaccination campaigns have eradicated smallpox and reduced polio.

476 validate — v

to check or establish that something is sound

A second experiment will validate the method.

477 validity — n

the quality of being logically sound and acceptable

An argument's validity depends on whether its conclusion follows from its premises.

478 value — n

principles or standards of behavior

Cultural values shape the priorities of both individuals and institutions.

479 verdict — n

a decision on a legal case or issue

The verdict was announced after two days of jury deliberation.

480 vernacular — n/adj

everyday language; relating to ordinary speech

Writing in the vernacular made literature accessible to common people.

Theme - yield

Entries 481-490 / 500

481 versatile adj

useful for many different purposes

The material is versatile and easy to shape.

482 veto n/v

the right to reject a decision; to exercise such a right

The president used the veto to block the controversial bill.

483 viable adj

capable of working successfully

Solar energy is a viable option for the remote station.

484 violate v

to break or fail to comply with a law

Companies that violate environmental laws face substantial financial penalties.

485 virtual adj

existing or occurring on computers rather than in physical form

Virtual reality is increasingly used in education and professional training.

486 virtue n

a quality considered morally good; excellence of character

Aristotelian ethics places virtue at the center of the good life.

487 virus n

an infective agent that replicates inside living cells

The influenza virus mutates rapidly, requiring annual vaccine updates.

488 visual adj

relating to sight or seeing

Visual art communicates ideas and emotions through form and color.

489 voice n

a particular style or manner of expression in writing

The author's distinctive voice is immediately recognizable across all her works.

490 vote n/v

a formal expression of preference; to cast a vote

Voter turnout reached 78%, the highest in decades.

Theme - yield

Entries 491-500 / 500

491 wage n

a fixed regular payment for work

Minimum wage increases have helped reduce income inequality.

492 warrant n/v

a document authorizing an action; to justify

Police obtained a warrant to search the suspect's premises.

493 welfare n

the health, happiness, and safety of a person or group

Government welfare programs provide a safety net for the most vulnerable.

494 wellness n

the state of being in good health, especially as a goal

Workplace wellness programs aim to reduce stress and boost productivity.

495 widespread adj

found or happening across a large area

The species was once widespread across the region.

496 wireless adj

lacking wires; using radio waves to transmit data

Wireless communication has made remote work far more accessible.

497 withstand v

to resist damage or pressure

The structure must withstand strong winds.

498 witness n/v

a person who sees an event; to see an event take place

The witness provided a detailed account of the incident.

499 wrongful adj

not fair, just, or legal

She filed a claim for wrongful dismissal against her former employer.

500 yield v

to produce a result or amount

The survey may yield useful information.

Retrieval practice

Find each word in the list; suggested answers are on page 55

1. What noun names a short summary of a research paper?

2. What word describes the community of higher education and research?

3. Which verb means to recognize or accept something?

4. Which verb means to gain something through effort?

5. Which adjective means next to something?

6. Which verb means to distribute resources for a purpose?

7. Which adjective describes wording with more than one interpretation?

8. Which verb means to examine something in detail?

9. Which verb means to add notes to a text?

10. Which verb means to expect something and prepare for it?

Answers and review checklist

Return to the entry if you need to check the meaning or example

1. **abstract**
2. **academia**
3. **acknowledge**
4. **acquire**
5. **adjacent**
6. **allocate**
7. **ambiguous**
8. **analyse**
9. **annotate**
10. **anticipate**

Use it: Choose five words from different themes. Write a short paragraph about a study, a policy or a community problem. Check that each word fits the grammar and intended meaning.

Recall it: Can you explain the word without reading the definition? Can you give a new example? Can you recognize it in a paragraph?

Review log: In a notebook, record Word | My example | First study | Review +1 day | +3 days | +7 days. Move familiar words to weekly review and revisit difficult ones sooner.

Continue: Visit typogrammar.com/downloads/toefl-500-vocab-list-essential-words/ for the book page and related practice.